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| **WHAT’S MY GOAL?** | **WHEN DO I WANT TO MAKE THIS HAPPEN?** | **WHAT THINGS MIGHT GET IN MY WAY?** | **HOW CAN I GET ROUND THOSE THINGS?** | **WHERE CAN I GET SUPPORT?** | **TIME FOR REVIEW. HOW AM I DOING?** |
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| **USEFUL INFORMATION & CONTACTS** | **MY NOTES** |
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