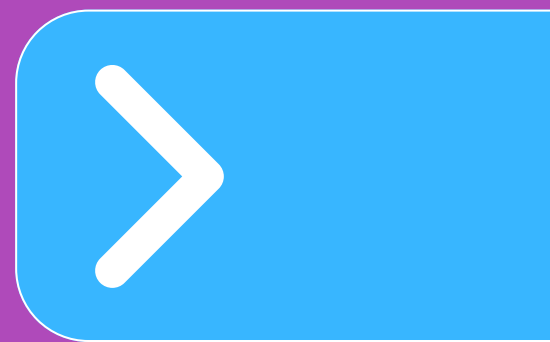


HOW TO DEVELOP PSYCHOLOGICAL SAFETY



ENCOURAGE OPEN COMMUNICATION

Create a space where team members feel safe expressing their thoughts, ideas, and concerns without fear of judgment or retaliation. Actively listen and validate their perspectives.



LEAD BY EXAMPLE

Demonstrate your own vulnerability by admitting mistakes and sharing challenges openly. When you model these behaviours, it sets the tone for the rest of the team.



RECOGNISE & CELEBRATE

Show appreciation for team members' efforts and successes. Acknowledge their ideas and hard work publicly to build confidence and foster a culture of recognition.



ENCOURAGE MISTAKES

Help the team see a mistake not as failure but as a way to learn. Let them see they won't be punished or embarrassed if they make a mistake and instead work together on a solution.



POSITIVELY HANDLE CONFLICT

Handle disagreements with empathy and focus on finding solutions that benefit the team as a whole. Facilitate respectful discussions and ensure that differing opinions are encouraged.



FOSTER UNIQUE DIVERSITY

Create an environment where everyone feels they belong and their unique perspectives are appreciated. Support diverse voices in decision-making and team collaboration.



ENJOY THIS?

